

1 **Medical Report**

2  
3 Prepared by  
4 Dr Shawn Halpin  
5 Consultant Neuroradiologist  
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7  
8 Concerning the sudden illness and death of

9  
10 **Gaia Young**

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16  
17 January 2025  
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24 I am a Consultant Neuroradiologist appointed in 1993 to perform diagnostic and  
25 interventional neuroradiology at the University Hospital of Wales in Cardiff. My  
26 qualifications are MBBS MRCP FRCR LLM. I did my sub-speciality training in  
27 neuroradiology at the National Hospital for Neurology and Neurosurgery in London as well  
28 as specialist paediatric neuroradiology training at the hospital for sick children at Great  
29 Ormond Street. I am currently Consultant Neuroradiologist and Chief Medical Officer at  
30 DMCi Ltd, a private teleradiology company. I retired from the NHS in 2022.

31

32

33

34 I have been asked to review the brain imaging of Gaia Young.

35 I understand that there is an ongoing investigation into her death on 21st July 2021.

36 I will not repeat the full chronology, which is documented elsewhere, but briefly I note that  
37 Ms Young was admitted to ULCH on 17.7.21 with a history of headache and vomiting. Her  
38 conscious level deteriorated, and she had signs of an encephalopathy. A mildly low serum  
39 sodium was noted. An initial CT scan of her brain was reported as normal. She continued to  
40 deteriorate. She collapsed after a lumbar puncture. Further scans showed generalised brain  
41 swelling. Tragically she was pronounced dead on 21.7.21

42

43 I have been given the following terms of reference:

44

45 **Terms of reference for an independent report**  
46 **by a Consultant Neuroradiologist**

47

48

April 2024

49

50 1. To review and report Gaia's neuro imaging of 18-20th July 2021, in particular with  
51 reference to any indication for the aetiology and pathogenesis of Gaia's illness.

52 2. Please review specifically:

53 • the first CT head scan of 18<sup>th</sup> July noting this was first reported by a general  
54 radiologist as showing no abnormality. Subsequent review by an on-call  
55 neuroradiologist detected abnormality on the images. Please comment on best practice  
56 for review and reporting of urgent CT imaging.

57 • the first and second CT head scans for any evidence of Chiari type malformation.

58 3. Gaia's mother requests that you please consider the paper by Hershman and others on the  
59 radiological appearance in acute hyperammonaemic encephalopathy.

## Documents attached.

1. Clinical records including imaging from UCLH.
  2. Images from Specsavers One of my team will send you the link
  3. Clinical records including imaging and optical coherence tomography from Moorfields Eye Hospital
  4. Autopsy report for the coroner prepared by Professor S Al-Sarraj, neuropathologist, dated 07 October 2021 with addendum
  5. Post-mortem report for the coroner prepared by Professor Michael Sheaff, histopathologist, dated 19 October 2021 with addendum
  6. Toxicology Report from Imperial College London, dated 24 August 2021
  7. a) The UCLH serious investigation report dated 07 February 2022 and 7b) action plan.
  8. Review prepared by Dorit Young dated 1 January 2022 of UCLH investigation report
  9. Revised memorandum prepared by Dorit Young dated 29 August 2022
  10. Moorfields Eye Hospital investigation report dated 14 June 2022
  11. Letter dated 7 March 2022 from Dr Ben Killingley of UCLH
  12. Redacted results from Regional Genetic Laboratory, May 2023
- Further results of genetic and biochemical testing as and when available

## List of publications to be considered.

1. *Rose v R (Rev1)* [2017] EWCA Crim 1168 (for clinical history)
2. Mortality and Serum Sodium: Do Patients Die from or with Hyponatremia? *Clin J Am Soc Nephrol.* 2011 May; 6(5): 960–965. A Chawla and others
3. Fulminant idiopathic intracranial hypertension. M Thambisetty and others; *Neurology* 2007; 68 229 – 232
4. Ornithine Transcarbamylase Deficiency (OTC) in the Donor Liver, the Importance of Ascertaining the Cause of Death in the Brain Dead Donor. M George and others; *Am J Transplant.* 2017; 17 (suppl 3)
5. Urea cycle disorders: a life-threatening yet treatable cause of metabolic encephalopathy in adults. Blair NF, et al. *Pract Neurol* 2015;15:45–48
6. Acute Hyperammonemic Encephalopathy Resulting from Late-Onset Ornithine Transcarbamylase Deficiency M Hershman and others *Radiology* 2018; 287:353–

93 359

94 7. Suggested guidelines for the diagnosis and management of urea cycle disorders.

95 Häberle et al. Orphanet Journal of Rare Diseases 2012, 7:32

96 8. Severe hyponatraemia due to water intoxication in a schizophrenic patient. T Day,

97 P Nightingale. JICS Volume 9, Number 1, April 2008

98 9. Management of late onset urea cycle disorders – a remaining challenge for the

99 intensivist? S Redant and others. Annals of Intensive Care 11, article number: 2

100 (2021)

101 10. What adult neurologists need to understand about ammonia. Meijer RI and

102 others. Practical Neurology 2020 December 11

103 11. General Medical Council “Practical skills and procedures”, (April 2019) at page 4

104 item 3

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113 **Review of images**

114

115 **CT Head 18.7.2021 at 13:14 hours**

116

117 This is a routine volumetric acquisition. There is gross global cerebral and cerebellar swelling.

118 There is effacement (literally meaning 'rubbed out': these fluid spaces should be visible but

119 cannot be seen) of the cerebral sulci, the sylvian fissures, and the anterior interhemispheric

120 fissure. There is loss of the normal fluid spaces around the brainstem including the peduncular

121 cistern (the various pools of fluid around the brain are termed cisterns), the ambient cistern and

122 the quadrigeminal cistern. There is crowding of the chiasmatic cistern. The third ventricle is not

123 visible and is compressed. The fourth ventricle is small and is of abnormal shape; the aqueduct

124 (a tunnel between the third and fourth ventricles) is compressed and is not visible. Cerebral

125 grey matter generally is of low density, averaging around the high 20s in Hounsfield Units

126 compared to an expected normal of 35. (Hounsfield units describe the opacity of a structure in

127 an image. Structures that appear dark have a low HU; structures that appear light grey or white

128 have a high HU).

129 The cerebellar tonsils are low and extend through the foramen magnum to the level of the arch

130 of the C1 vertebra.

131 The cerebral veins appear slightly of high density but this is because of the low density of

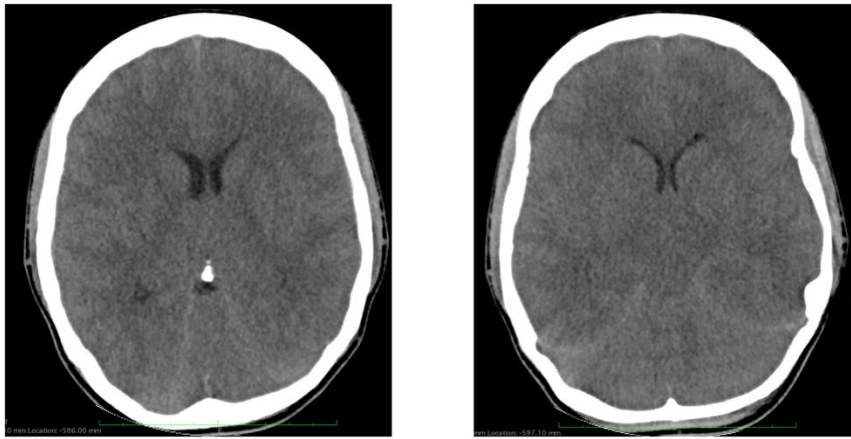
132 adjacent structures.

133 Choroid plexus is normal.

134

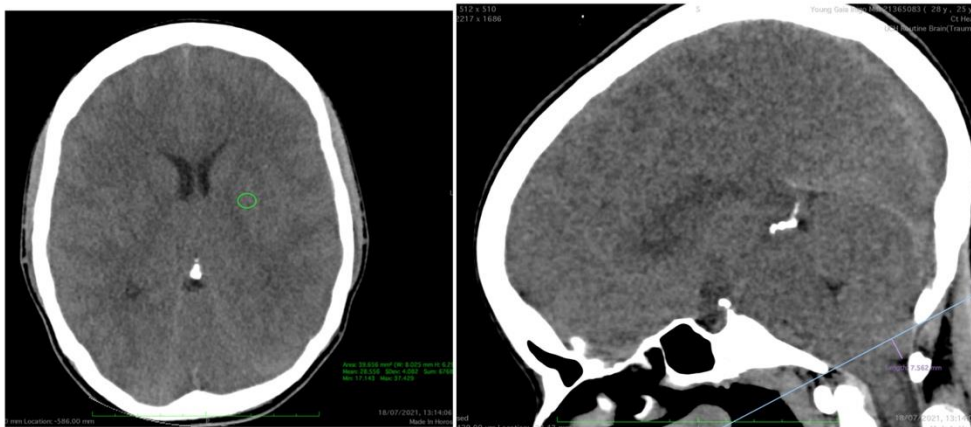
135 In summary, there severe cerebral and cerebellar swelling, with upward and downward

136 herniation of the cerebellum.



Images from the 13.14 scan of 18.7.21, showing low density of cerebral and cerebellar tissue, and loss of the fluid spaces around the brainstem and cerebellum

137  
138



Axial image, left, showing a mean density of the left lentiform nucleus of 28HU; and sagittal image, right, showing 7.6mm tonsillar herniation below the foramen magnum

139  
140

The scan was reported as follows:

141

*Study Date: 18/7/21 Accession No. RRV2101434 Exam Name: CT Head*

142

*Clinical Indications:*

143

*?encephalitis ? SOL ? bleed, young girl odd behaviour*

144

*Findings:*

145

*No previous neuroimaging available for comparison.*

146

*No intracranial haemorrhage. No acute infarct or mass. The ventricles and basal cisterns are patent.*

147

*No destructive bone lesion.*

148

*Impression:*

149 No acute intracranial finding.

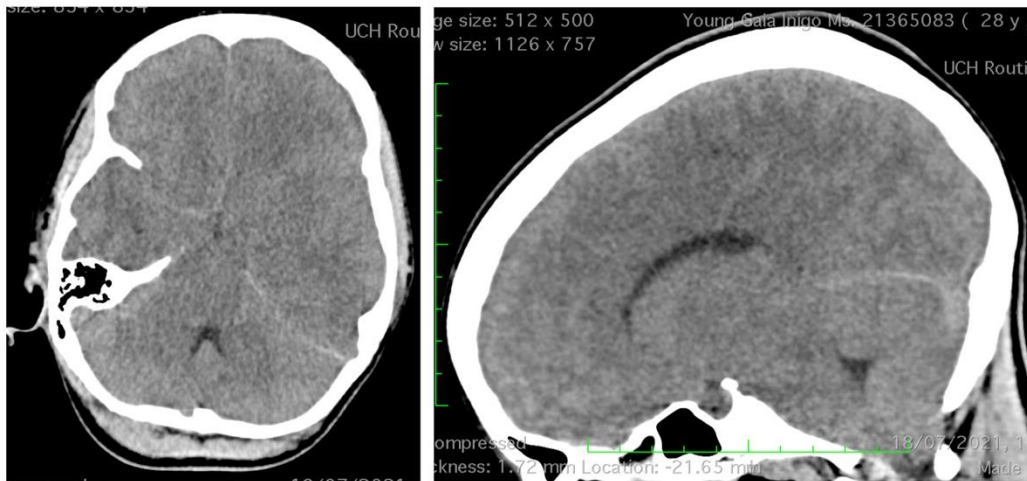
150

151

152 **CT head 18.7.2021 at 16:53 hours**

153

154 All the features seen on the earlier scan are again visible with generalised severe swelling, loss  
155 of sulci, loss of basal cisterns, loss of the sylvian fissures and compression of the third and  
156 fourth ventricles. The degree of descent of the cerebellar tonsils through the foramen magnum  
157 has worsened. There is also upward displacement of the cerebellum through the tentorial  
158 hiatus which is a little more marked than on the previous scan. There is slightly worse  
159 constriction of the chiasmatic cistern.



Axial, left, and sagittal images from the scan of 16.53 on 18.7.21 showing worsening swelling and tonsillar herniation

160

161 The scan was reported as follows:

162 *Clinical Indications:*

163 *acute drop in GCS, now GCS 3, ?intracranial bleed as per ITU consultant*

164 *Findings:*

165 *Comparison to the CT head performed 3 hours prior the same day.*

166 *There is slightly poor grey-white matter differentiation and loss of defined sulcal spaces. Findings are suspicious*  
167 *for generalised brain oedema. The cerebellar tonsils are at 1 cm below the foramen magnum. The ventricular*  
168 *system and basal cisterns are slightly effaced due to the generalised oedema.*  
169 *No obstructive hydrocephalus.*

170 *No acute intra or extra-axial haemorrhage.*

171 *No major territory infarct.*

172 *No diffuse hypoattenuation within the temporal lobes on either side, however these areas are subject to beam*  
173 *hardening artefact from the skull base and better assessed on MRI.*

174 *Impression:*

175 *Slight degradation of grey-white matter differentiation as well as loss of sulcal spaces. Low-lying tonsils. In*  
176 *combination with the drop in GCS these findings are suspicious for generalised brain oedema.*  
177 *No acute haemorrhage.*

178 *No infarction.*  
179 *No obstructive hydrocephalus*

180 *Discussion with neurosurgery is advised.*  
181 *Findings discussed with the referring team at the time of reporting.*

182

183

184

185 **CT head and CT venogram 18.7.2021 at 20:37 hours**

186

187 Images were taken after the infusion of intravenous contrast medium. There is relatively poor  
188 opacification of the venous sinuses which reflects limited inflow due to the degree of cerebral  
189 swelling. I do not think there is evidence of significant venous thrombosis.

190

191 CT angiography has been acquired from the aortic arch up into the head. I note in the lower  
192 sections that there is opacification of the dependent parts of the lung. I am not a chest  
193 radiologist but I suspect this indicates consolidation, perhaps from aspiration .

194 The images show opacification of the common carotid arteries but there is no evidence of flow  
195 within the internal carotid arteries in the neck or at the skull base. There is no significant flow  
196 into the intracranial arteries.

197

198 The scan was reported as follows:

199 *CT BRAIN , CT ANGIOGRAM NECK AND CIRCLE OF WILLIS*

200 *CLINICAL HISTORY*

201 *ICU patient post respiratory arrest - generalised cerebral oedema ? cause. severe acute intracranial*  
202 *hypertension. CTA and CTV advised by Neurology and Neurosurgery for ?venous sinus thrombus or*  
203 *?intravascular occ FINDINGS:*

204 *Diffuse brain oedema is noted with effacement of the foramen Magnum CSF space, partial deformation of the*  
205 *fourth ventricle and also further defacement of the CSF spaces around the brain stem.*

206 *Loss of grey-white matter differentiation is noted.*

207 *The CT angiogram shows interruption of flow intracranially with complete loss of anterior/post previous circulation*  
208 *and nonvisualization of intracranial vasculature.*

209 *The neck vasculatures appear preserved*

210 *Post Aspiration changes seen in the posterior segment left upper lobe Visualised neck soft tissues are normal*

211 *CONCLUSION*

212 *Diffuse brain oedema post hypoxaemia.*

213 *There is no blood flow in the intracranial compartment as a consequence of diffuse brain oedema subsequent to*  
214 *hypoxia.*

215

216

217

218 **MRI brain and MRI venogram 20.7 2021 at 6:30 PM**

219

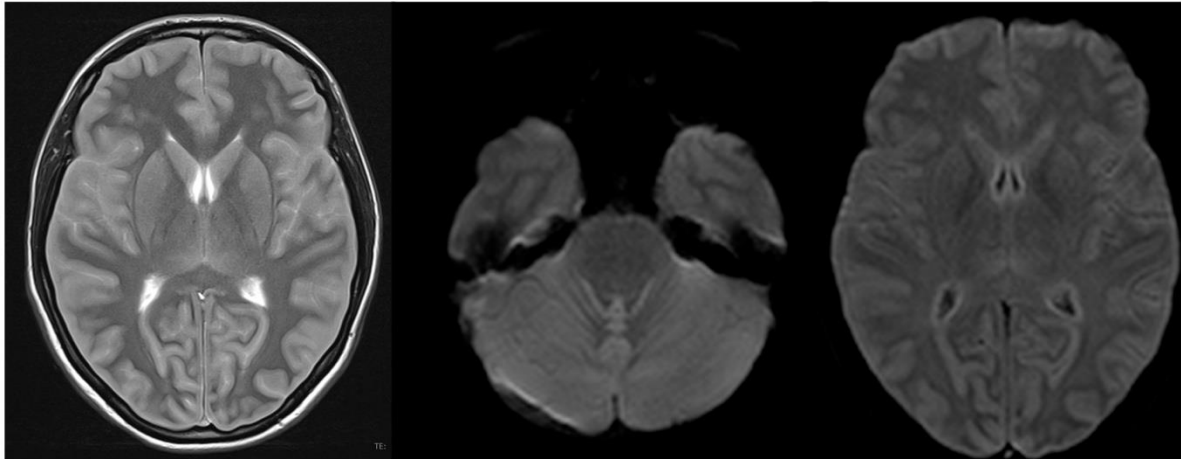
220 There is marked upward and lower herniation of cerebellar tissue. There is gross abnormal  
221 signal throughout the cerebral grey matter and cerebellum. There is compression of the  
222 brainstem. There is some bright T2 signal in the thalami which likely represents ischaemic  
223 damage. There is bright signal within the internal carotid arteries and their branches, as well as  
224 the vertebral and basilar arteries indicating cessation, or at least marked reduction, of flow.  
225 Susceptibility weighted images (these images are designed to exaggerate magnetic effects  
226 within brain tissues and are primarily used to detect haemorrhage) show exaggeration of  
227 magnetic susceptibility within the cerebral veins indicating the presence of deoxyhemoglobin.  
228 This effect is not seen in the normal brain because of the presence of fully oxygenated  
229 haemoglobin, ie oxyhaemoglobin. The presence of deoxyhaemoglobin indicates very severe  
230 perfusion failure.

231

232 MR venography has been attempted (a technique to demonstrate flow within the cerebral  
233 veins). This is not successful due to the lack of inflowing blood into the cerebral circulation  
234 Diffusion-weighted images show extensively abnormal diffusion signal throughout the imaged  
235 cerebral and cerebellum (abnormal restriction of diffusion is seen when tissue is damaged.  
236 When severe, it usually indicates cell death). Diffusion is significantly more severely affected in  
237 the cerebellum than in the cerebral hemispheres.

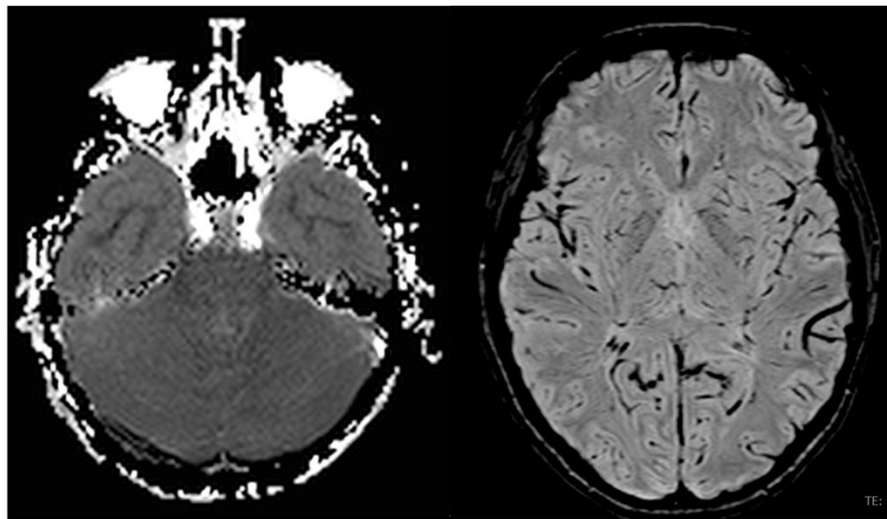
238 The cerebral and cerebellar white matter return essentially normal signal throughout. Choroid  
239 plexus is normal.

240 There is focal abnormal signal in the uppermost cervical spinal cord, likely due to direct  
241 compression or possibly compression or occlusion of the anterior spinal arteries, which arise  
242 from the vertebral arteries.



Axial T2, left, and diffusion, middle and right, images showing diffuse cerebral and cerebellar cortical abnormality

243



Diffusion weighted image from the MRI scan of 20.7.21, left, showing more extreme abnormality in the cerebellum than in the cerebrum. Susceptibility weighted image, right, showing deoxygenated blood in the cerebral veins

244

245 The scan was reported as follows:

246 *Exam Name: MR Venogram MR Head with Contrast*

247 *Clinical Indications:*

248 *ICU patient, severe sudden onset cerebral oedema with unknown etiology, previously fit and well. catastrophic*  
 249 *event with poor prognosis. MRI to investigate for possible Venous sinus thrombosis*

250 *Findings:*

251 *Comparison is made with the CT head studies dated 19 July 2021.*

252 *The MRI study confirms the presence of severe parenchymal swelling with consequent bilateral uncal,*  
 253 *transtentorial and tonsillar herniation with compression of the cervico-medullary junction. The diffusion is diffusely*  
 254 *abnormal throughout the cerebral hemispheres with convincing cerebellar infarction. There is trace filling of the*  
 255 *intracranial arteries most*

256 notably the left M1 and bilateral PCAs.

257 There is attenuation of the superior sagittal sinus and deep venous system with no flow signal on the MRV study.  
258 There is engorgement of the cortical veins. The transverse sinuses and sigmoid sinuses demonstrate loss of the  
259 normal flow void with trace enhancement of the left transverse sinus noted.

260 Ependymal signal abnormality is noted although there is no ependymal enhancement or any intracranial  
261 pathological enhancement.

262 *Impression:*

263 Severe parenchymal swelling with diffuse cerebral ischaemia and tonsillar herniation with cervico-medullary  
264 compression.  
265 Poor intracranial arterial blood flow with attenuation of the superior sagittal sinus and slow flow within the  
266 transverse and sigmoid sinuses, most likely secondary to the severe cerebral swelling rather than the primary  
267 cause.

268 The ependymal signal abnormality raises ependymitis of possible viral aetiology although the FLAIR sequence is  
269 diffusely abnormal and the appearances may be artefactual. Happy to discuss.

270

## 271 **Differential diagnosis of the radiology**

272

273 In this section, I am considering the images almost in isolation from the clinical picture,  
274 although I make some reference to the presentation. Radiology should never be considered in  
275 isolation from the clinical picture, which is always of paramount importance. Therefore I  
276 defer to clinical colleagues regarding the final opinion regarding the cause of death.

277

278 The images show symmetrical cerebral and cerebellar cortical damage and swelling. Cerebral  
279 swelling will cause the intracranial pressure to rise, which, in turn, will result in a reduction  
280 in cerebral blood flow and eventually result in complete perfusion failure.

281

282 Cerebral blood flow relies on a gradient between blood pressure and intracranial pressure so  
283 that raised ICP reduces cerebral blood flow. As well as causing an increase in intracranial  
284 pressure, cerebral swelling will tend to compress the intracranial arteries and veins. This  
285 happens particularly in three circumstances:

- 286 • When cerebellar tissue herniates upwards through the tentorial hiatus (the  
287 brain and cerebellum are separated by a rigid membrane called the tentorium  
288 cerebelli [literally the tent of the cerebellum]). This directly obstructs and  
289 compresses the basilar artery and the posterior cerebral arteries. These supply  
290 blood to the brainstem, cerebellum, and the posterior brain and thalami.

- 291
- When cerebellar tissue herniates downwards into the foramen magnum. This
- 292 compresses the vertebral arteries, which form the basilar artery, which
- 293 supplies blood to the cerebellum, and forms the posterior cerebral arteries.
- 294
- When the temporal lobes of the brain are forced underneath the tentorium
- 295 (“uncal herniation”). This compresses the carotid arteries.
- 296

297 All three mechanisms are present, even on the first CT scan. It is therefore extremely likely

298 that whatever caused the initial insult, the ultimate cause of death will have been global

299 cerebral, cerebellar, and brainstem hypoxia.

300

301 The differential diagnosis of the initial insult would fall into three main groups:

302 ischaemia/hypoxia; toxic/metabolic; and infection/inflammation.

303

304 By far the commonest cause of global cerebral swelling is following an episode of

305 **profound global hypoxia**. This is most commonly seen after an out-of-hospital cardiac

306 arrest, when there has been a significant interval between onset of the cardiac arrest, and

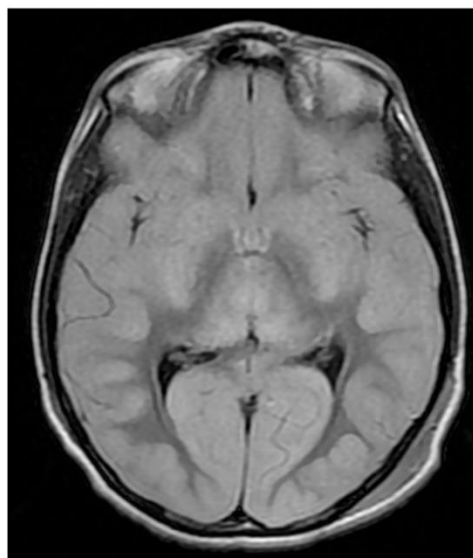
307 restoration of circulation. Hypoxia tends to affect the most metabolically active tissue before

308 that with lower oxygen demand, and therefore in milder cases affects only the central grey

309 matter (basal ganglia). In more severe or prolonged hypoxia, cerebral cortex is affected, but

310 since the cerebellum has a lower metabolic demand, it is often spared, or only involved in the

311 most severe cases.



Library example of global hypoxia. Note the similar extensive abnormality with cortical swelling and loss of fluid spaces

313 A notable feature of the scans here is that the cerebellum is more severely affected than the  
314 cerebral hemispheres, with grossly abnormal diffusion restriction on MRI.

315

316 Cerebellar hypoxia could result from severely raised ICP or severe brain herniation, but I  
317 would still expect cerebral hypoxia to be more advanced than cerebellar hypoxia, because of  
318 the lower metabolic demands of the cerebellum.

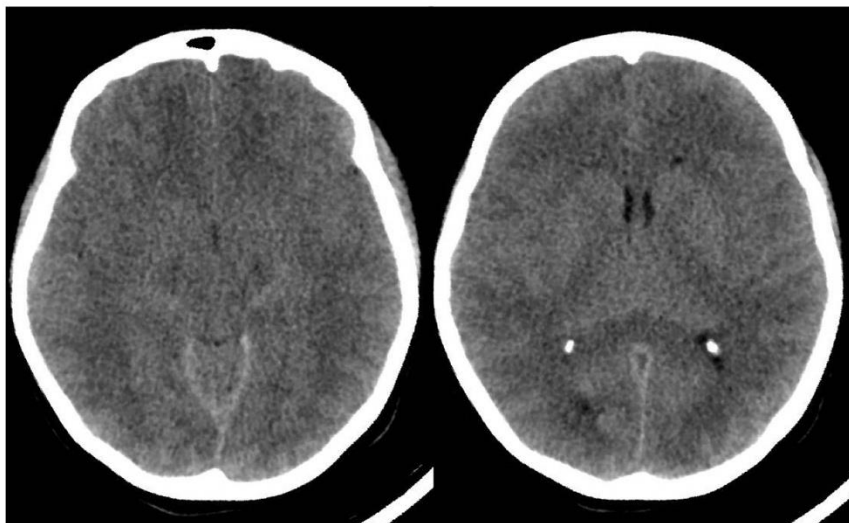
319

320 For hypoxia to cause such widespread and severe damage, there would have to be a major  
321 index event involving collapse and loss of consciousness. I defer to clinical colleagues, but I  
322 understand there was no such event.

323 **Toxic/metabolic causes** would include inborn errors of metabolism which can  
324 sometimes present for the first time in early adult life. They also include abnormalities of  
325 electrolytes and metabolites, and extrinsic poisons.

326

327 **Severe hyponatraemia** can lead to cerebral swelling and even death. Swelling can  
328 affect the cerebral hemispheres and the cerebellum, and its initial pattern on CT scans could  
329 exactly mimic those in this case. However, I understand that Ms Young's sodium level did  
330 not fall below 120millimole/litre, which is the level below which sequelae are said to occur,  
331 and I would not expect hyponatraemia of this level to be associated with brain swelling.



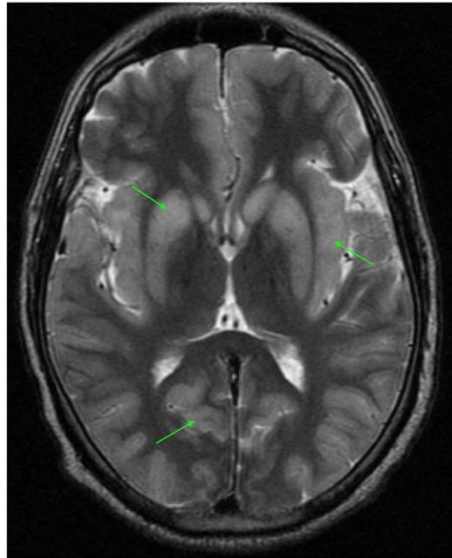
Library example: Generalised swelling due to hyponatremia

Case courtesy of Yair Glick, Radiopaedia.org, rID: 89826

332

333 **Hypernatraemia**, or over-correction of hyponatraemia, can also cause brain swelling  
334 by osmotic effects; but there is no laboratory evidence to support hypernatremia.

335           **Hypoglycaemia** can cause widespread cortical swelling, but tends to spare the  
336 cerebellum, basal ganglia and thalami. I understand there was no laboratory evidence of  
337 hypoglycaemia.



Library example of hypoglycaemia causing swelling and abnormal signal in the basal ganglia, insulae and occipital lobes

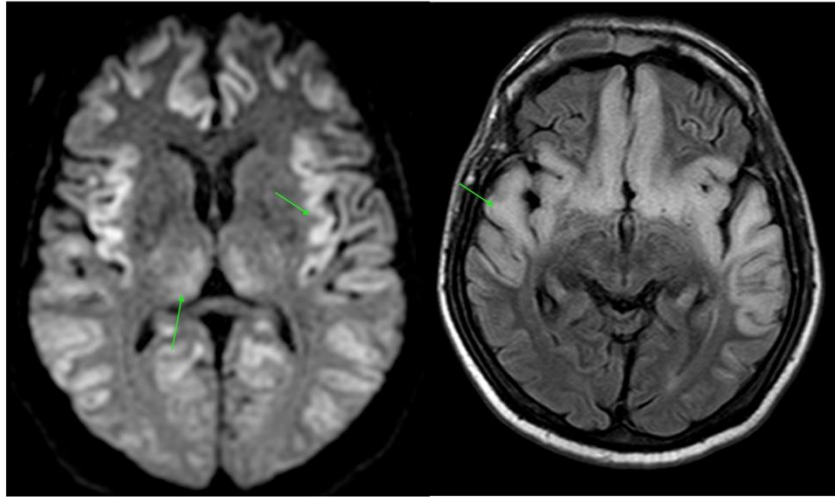
Case courtesy of Nikos Karapasias, Radiopaedia.org, rID: 25687

338  
339           Similarly **hyperglycaemia** can cause cerebral swelling, usually in the context of a  
340 diabetic ketoacidosis. There was no evidence of this clinically, I understand.

341  
342           **High levels of urea** seen in acute renal failure similarly affect the central grey matter,  
343 but I believe there was no evidence of renal failure

344  
345           **Hyperammonaemia** is a recognised cause of brain swelling. It is most commonly  
346 seen in the context of liver failure, and I understand there was no clinical evidence of hepatic  
347 disease.

348 Moderate hyperammonaemia causes high signal on MRI scans within the insulae, thalami,  
349 internal capsules and cingulate gyri. At higher levels, there can be diffuse cortical oedema,  
350 although the occipital lobes and brain around the motor and sensory gyri are often spared:  
351 they were involved in Ms Young's scans.



Library examples of hyperammonaemia with typical distribution in basal ganglia, insulae, thalami, and temporal cortex, sparing the occipital lobes

Case courtesy of Andrew Dixon, Radiopaedia.org, rID: 39037

Case courtesy of Sanhita Shyam Pokle, Radiopaedia.org, rID: 189197

352

353

**Ornithine transcarbamylase deficiency** is an inborn error of metabolism that may present in adult life. It is one of the enzymes involved in the metabolism of urea, and affects the brain in a similar way to other abnormalities of the urea cycle or other causes of hyperammonaemia. The CT and MRI scan appearances usually reflect hyperammonaemia, and are not specific to the condition. Fatalities are reported, and the published examples in the literature that I have been able to review reveal less extensive abnormality than in Ms Young's case.

354

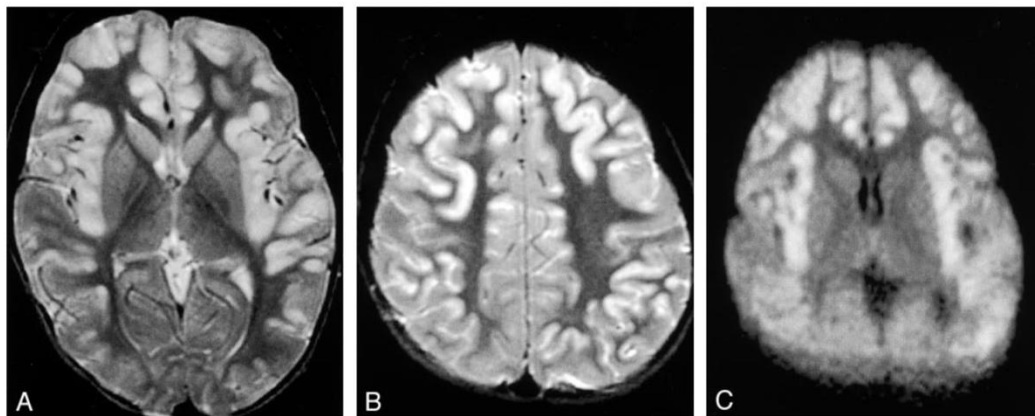
355

356

357

358

359



An example of Ornithine Transcarbamylase deficiency taken from the literature. Note the similar distribution to the case of hyperammonaemia

Images from Brain MR Imaging in Acute Hyperammonemic Encephalopathy Arising from Late-Onset Ornithine Transcarbamylase Deficiency  
Jun-ichi Takashi. AJNR Am J Neuroradiol 24:390-393, March 2003

360

361 **Mitochondrial enzyme defects** can cause encephalopathy. Of these, **Leigh disease** and  
362 **MELAS** (mitochondrial encephalomyelopathy lactic acidosis and stroke like episodes) can  
363 present in early adult life. Leigh disease typically affects the central grey matter, and  
364 brainstem, but spares the cortex and the cerebellum. MELAS involves cortex, mimicking  
365 stroke, but this is usually limited in extent, and I am not aware of a case involving the entire  
366 cerebrum.

367  
368 Poisons such as methanol and ethylene glycol cause encephalopathy and can be fatal in  
369 relatively low dose.

370  
371 **Methanol** primarily affects the lateral parts of the basal ganglia (putamina), optic nerves,  
372 cerebral white matter, and the cerebellum. I have not seen diffuse cortical involvement, but I  
373 have not seen any cases severe enough to result in death. Limited views of the optic nerves on  
374 the MRI scan of 20.7.21 do not show any optic nerve abnormality, although the scans are not  
375 targeted at the orbits.

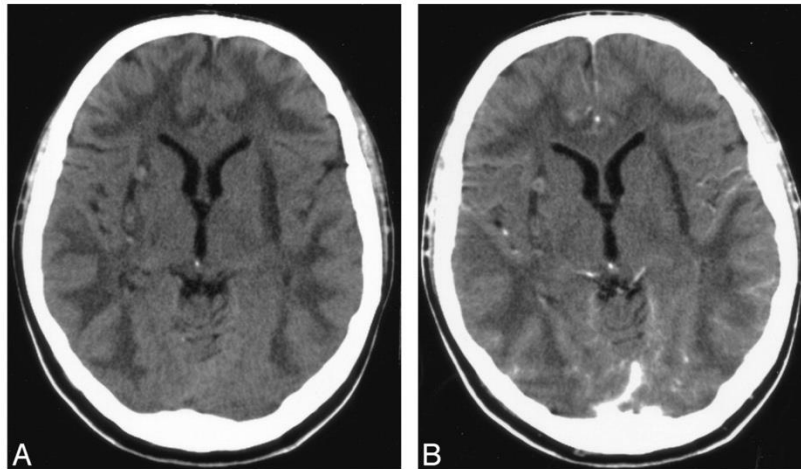


illustration of methanol poisoning taken from the literature

CT and MR Imaging Findings in Methanol Intoxication  
M. Blanco, R. Casado, F. Vázquez and J.M. Pumar  
AJNR 2006;27:452-454

376  
377 **Ethylene glycol** poisoning can be fatal, and causes brain oedema, although scan changes are  
378 usually most obvious in the thalami, basal ganglia and brainstem. I have seen a case of  
379 ethylene glycol poisoning diffusely involving cerebral cortex.

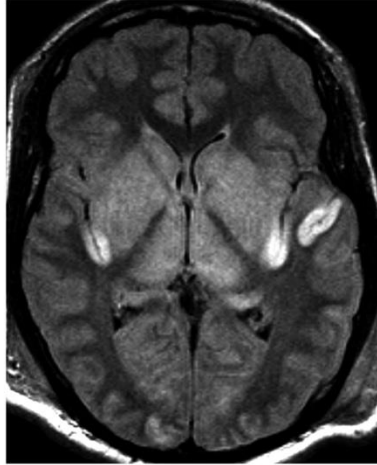


Illustration of ethylene glycol poisoning. Note the basal ganglia, thalamic and insular involvement

Toxic and Acquired Metabolic Encephalopathies: MRI Appearance  
Pranshu Sharma, Muneer Eesa, and James N. Scott, AJNR 2009, Volume 193, Issue 3

380

381 Illicit drugs, or the substances used to dilute them, can be associated with a severe  
382 encephalopathy. These would include **opioids, cocaine, and MDMA** (Ectasy) . I understand  
383 a drug screen was negative in Ms Young's case, and there were no lifestyle indications of  
384 drug use.

385

386 Infectious/inflammatory causes of encephalopathy would include viral infections. **Herpes,**  
387 **cytomegalovirus (CMV) and chicken pox** can all be associated with an encephalopathy,  
388 but it is usually confined to the temporal lobes, and spares the cerebellum.

389

390 In children, **fulminant cerebellitis** can present with atypical clinical signs not suggestive of  
391 cerebellar dysfunction, and deaths are reported. Cerebellitis is seen in adults but is usually  
392 relatively mild. It may be associated with viral infection or autoimmune states. I have no  
393 personal experience of fulminant disease, but one would expect hydrocephalus as a result of  
394 compression of the 4<sup>th</sup> ventricle, and Ms Young's ventricles were small due to cerebral  
395 swelling. Cerebellitis does not primarily affect the cerebral hemispheres, but one could  
396 invoke secondary hypoxia due to vascular compression as a possible cause of coincident  
397 cerebral damage.

398

399

400

401

402 **Opinion.**

403 The first CT scan taken at 1pm on July 18<sup>th</sup> is very abnormal. I am sorry to say that the report  
404 of the scan fails to record severe cerebral swelling, abnormal brain density; compression of  
405 the third ventricle; loss of the basal fluid spaces; and hindbrain herniation.

406 I have no doubt that if it had been correctly reported, a lumbar puncture would not have been  
407 attempted. Such severe herniation represents an absolute contra-indication to lumbar  
408 puncture.

409

410 In my opinion, it is likely, although I would defer to senior clinical colleagues, that the  
411 catastrophic collapse in Ms Young's condition following the lumbar puncture was due to  
412 'coning', where the increased pressure gradient induced between the cranial and spinal  
413 compartments causes a further descent of the hindbrain into the foramen magnum, resulting  
414 in brainstem and vascular compression.

415

416 The second and third scans showed progression of all abnormalities present in the first scan,  
417 and, in my opinion, were correctly reported, although I quibble with a few minor details. I  
418 also think that the significance of some of the findings was under-emphasised.

419 For example, the CT angiographic images showed a lack of flow in the internal carotid  
420 arteries, and the intracranial arteries. This is incompatible with life. In some countries, this  
421 finding has been used to confirm brain death, and very sadly, I think Ms Young's condition  
422 was almost certainly unsurvivable from the evening of the 18<sup>th</sup> July, if not earlier.

423

424 Subsequent MRI images unfortunately shed no further light. The brain is irretrievably  
425 globally damaged, but to my knowledge, the pattern is not specific to any given condition.

426

427 **Conclusion**

428 It is clear that Ms Young died from a massive cerebral insult resulting in global cerebral and  
429 cerebellar perfusion failure. I do not know what caused the insult. I defer to clinical  
430 colleagues, but I see no evidence to suggest a global hypoxic event, which would have had to  
431 have been at the severity of a cardiac or respiratory arrest. My feeling on the scans is that a  
432 toxic or metabolic cause is the most likely, but even then the degree of damage and rapidity  
433 of onset is extreme, and the global extent of the damage lacks any specific feature that allows  
434 confident identification of the cause. The most likely intrinsic metabolic origin would be  
435 within the urea cycle/ammonia pathway, although I note the absence of abnormality in the

436 biopsy taken from Ms Young's liver, and the negative genetic screen. I wonder if it possible  
437 that Ms Young unknowingly ingested a neurotoxic substance.

438

439 My personal experience in treating patients with aneurysmal subarachnoid haemorrhage has  
440 included a small number of tragic events whereby I witnessed the occurrence of  
441 subarachnoid haemorrhage in young patients which led to an immediate global shutdown of  
442 cerebral blood flow, and to the death of the patient. These lead me to consider the role of  
443 cortical spreading depolarisation in acute brain injury, and I speculate that spreading  
444 depolarisation may play in role, particularly in young people, by magnifying and extending  
445 the breadth and depth of cerebral perfusion failure following an acute event.

446

447 I offer my sympathy to Lady Young and her family following this tragic event.

448

449

450 **Appendix**

451

452 I have been asked for my comments on some scientific and legal papers.

453

454 1. *Rose v R (Rev1)* [2017] EWCA Crim 1168 (for clinical history)

455 • *This concerns the sudden, initially unexplained death of a young person who*  
456 *presented with headache and confusion, and who was eventually found to have*  
457 *died from acute hydrocephalus caused by obstruction of the 4<sup>th</sup> ventricle. The*  
458 *question has arisen, could there have been an undetected structural*  
459 *abnormality in Ms Young's brain that led to a subsequent deterioration?*

460 • *I do not think there is any real similarity between the cases. Unfortunately,*  
461 *undiagnosed hydrocephalus is a recognised cause of death and disability.*  
462 *There was no underlying structural abnormality in Ms Young's brain.*

463 2. Mortality and Serum Sodium: Do Patients Die from or with Hyponatremia? Clin J Am  
464 Soc Nephrol. 2011 May; 6(5): 960–965. A Chawla and others

465 3. Severe hyponatraemia due to water intoxication in a schizophrenic patient. T Day,  
466 P Nightingale. JICS Volume 9, Number 1, April 2008

467 • *These two papers discuss the cause and effect of severe hyponatremia. Both*  
468 *hypo-and hypernatraemia can result in cerebral cortical damage. I would*  
469 *agree that it seems likely that deaths associated with hyponatremia are*  
470 *related to the underlying condition causing hyponatremia rather than the*  
471 *low sodium per se. Raised intracranial pressure can cause variation in*  
472 *sodium levels, and is likely the cause of the low to moderate hyponatremia in*  
473 *Ms Young's case.*

474 4. Fulminant idiopathic intracranial hypertension. M Thambisetty and others;  
475 Neurology 2007; 68 229 – 232

476 • *This paper describes acute onset severely raised intracranial*  
477 *pressure. Although described a fulminant IIH, the onset was acute,*  
478 *with the patients presenting with visual loss rather than collapse. I*  
479 *do not think IIH is a viable diagnosis here.*

480 5. Ornithine Transcarbamylase Deficiency (OTC) in the Donor Liver, the Importance of  
481 Ascertaining the Cause of Death in the Brain Dead Donor. M George and others; Am J  
482 Transplant. 2017; 17 (suppl 3)

483 6. Urea cycle disorders: a life-threatening yet treatable cause of metabolic

- 484 encephalopathy in adults. Blair NF, et al. Pract Neurol 2015;15:45–48
- 485 7. Acute Hyperammonemic Encephalopathy Resulting from Late-Onset Ornithine  
486 Transcarbamylase Deficiency. M Hershman and others. Radiology 2018; 287:353–  
487 359
- 488 8. Suggested guidelines for the diagnosis and management of urea cycle disorders.  
489 Häberle et al. Orphanet Journal of Rare Diseases 2012, 7:32
- 490 9. Management of late onset urea cycle disorders – a remaining challenge for the  
491 intensivist? S Redant and others. Annals of Intensive Care 11, article number: 2  
492 (2021)
- 493 10. What adult neurologists need to understand about ammonia. Meijer RI and others.  
494 Practical Neurology 2020 December 11.
- 495 • *These papers describe the consequences of severe hyperammonaemia, and*  
496 *the rare diagnosis of OTC deficiency presenting in adults. The routine*  
497 *measurement of ammonia levels is recommended in patients presenting with*  
498 *an acute undiagnosed encephalopathy. I agree that hyperammonaemia is a*  
499 *possible cause for the scan findings in Ms Young’s case, although sparing of*  
500 *the occipital lobes would be expected, and was not seen. However, it must be*  
501 *possible that in extreme cases, the whole cerebrum may be affected.*
  - 502
  - 503 • General Medical council “Practical skills and procedures”, (April 2019) at  
504 page 4 item 3
  - 505
  - 506 • *I defer to clinical colleagues regarding the use of ophthalmoscopy*  
507 *before lumbar puncture in this case.*

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A handwritten signature in black ink, appearing to be 'Blair', written on a light-colored background.

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**Dr Shawn Halpin**  
**Consultant Neuroradiologist**

January 2025